Podcast Episode Notes Season 1 Episode 7 "Humility"

Humility is not valued in our culture. It's looked upon as a sign of weakness or often manifests as a false humility. But God values humility and it is both a fearlessly honest appraisal of yourself before Him AND it neither minimizes one's achievements nor exaggerates one's failures. We unlock wisdom when we care about what God cares about. What are some practical steps we can take to live a humble life and what do we often forget?

Definition – It is a fearlessly honest appraisal of yourself before God. It neither minimizes one's achievements nor exaggerates one's failure. It is a willingness to be known for who you really are. It is rooted in God.

Jesus is our model. He purposely went low. He emptied Himself and completely depended on the Father. He experienced limitations. He took on the form of a servant and was obedient. (Philippians 2:5-11)

Matthew 23:12 – Take on the qualities of a little child.

- not focused on being exalted fully present, no agenda
- living in a place of dependence
- living under another's leadership yielded, submitted
- fulfilling their parent's purposes character shaping, skill developing, task accomplishing

Humility is what the Lord requires of us (Micah 6:9)

God opposes the proud and gives grace to the humble (James 4:6)

Because God values humility, He will humble us if we refuse to humble ourselves (1 Peter 5:5-6)

Promise: God raises up the humble of heart at the right time (James 4:10)

Fruits of a Humble Life

- The humble acknowledge when they are wrong and others are right.
- The humble are teachable and correctable.
- The humble actively promote others, even when they are like-gifted because their humility provides them with a true security in who they are.
- The humble submit under God's delegated authorities.
- The humble exude a genuineness and honesty. They are appropriately vulnerable and transparent.
- Their willingness to be known for who they really are also includes areas of giftedness and strengths. Therefore, moving in humility lets them find their right place on the team in the kingdom, while also recognizing and making room so everybody else finds their place as well.
- Where humility is, unity follows. It is impossible to cultivate division where people eagerly humble themselves. Conversely, a lack of unity points to a lack of humility, and a lack of humility eventually destroys the bonds of unity.
- God manifests His presence to people and communities that are saturated in humility (2 Chronicles 7-14, 34:27)

For more on this subject, check out Chapter 2 in *A Discipleship Journey*, Lionshare's primary tool for discipleship <u>here.</u>

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