Podcast Episode Notes Season 2 Episode 3 Are You Salty?

If you call someone salty these days, it means they're irritated or angry. But that's not what Jesus meant when he called us to be salt and light. This episode, we dig into what that looks like on the job and why it's a wise way to show God's way of doing things. For more on a godly perspective on work, go to Lionshare.org for three free e-books. Episode notes here.

Matthew 5:13 – You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything except to be thrown out and trampled underfoot.

Salt preserves food - draws water out of food and dehydrates (cured meats, fish, salt prevents butter from spoiling by drawing water out of it). God has put us in the world to help preserve it and His presence, His Scriptures and His ways

Salt makes food pleasant. We are to be salt in the world in the way we relate to people and handle our lives, causing others to see something pleasant in us that gives them a taste of Jesus.

Salt makes us thirsty. It causes people to thirst for God based on what they see in our lives.

Matthew 5:14 – You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Light helps us see in darkness. We are meant to be light, to live our lives in such a way that we are an example. It points in a direction. It exposes darkness. Our presence in the world does all those things. Be shining examples and what Jesus looks like and how to relate to him.

Roaring Lambs by Bob Briner – the idea that it's better to light a candle than to curse the darkness and that salt is worthless if it's not placed where it is needed

We tend to go to work and we're not thinking "I'm an ambassador of the Kingdom of God. We leave it completely at home or don't bring that part of us to work." Or we go the other way - we think we need to proclaim, "Here's what you need to know this about Jesus." Instead of focusing on proclaiming, become good at relating.

Ask yourself:

In your workplace, are there relationships that are out of sorts with you? If so, what are you going to do about it?

Is there any place in your relationships, where you have cultivated lack of trust? Deal with that. Are there places where you've overstepped in communicating your faith and you need to back off and live it?

Outreach vs. investment – being salt and light vs. disciple making

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